

How to find us

*“My advocate is
the only person
who takes me
seriously”*



Kingston Office

KAG Advocacy
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Richmond Office

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Advocacy
Support

Kingston Advocacy Group
Reg. charity no: 298975

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What is Advocacy?

Advocacy is a service which enables individuals to get their voice heard.

When you are feeling anxious or vulnerable it can be hard to tell others of your concerns and feelings.

An advocate can help by supporting you to speak up or by representing you if you feel unable to do so.

KAG Advocacy is an independent organisation.

The service offers you the opportunity to talk to an advocate in confidence about your concerns .

We won't tell you what to do or judge you. We can help you to say what you want and to make decisions.

How will Advocacy help?

The advocate will listen to what you want to say or do and then assist you to express yourself in circumstances where you find it difficult.

The advocate will:

- » attend meetings to support and represent you
- » write letters on your behalf
- » help with housing needs and issues
- » help with complaints or challenge decisions
- » give assistance with benefits and debts
- » provide information to help you make choices
- » signpost you to other support services

How to contact KAG Advocacy

You can contact us by:

- » telephone
- » email
- » asking a family member or a professional to refer you
- » post

Please get in touch with the Advocacy office in your local area,

(see overleaf for details)

*You will be listened to
and
treated with respect.*

To promote, protect and uphold the rights of vulnerable people