

# To find out more

Please complete the following

Name: .....

Address: .....

.....

.....

.....

.....

.....

.....

Tel: .....

email: .....

Return to your local Advocacy office /  
address overleaf

# How to find us

## Kingston Office

KAG Advocacy  
Siddeley House  
50 Canbury Park Road  
Kingston upon Thames  
Surrey KT2 6LX  
Tel: **020 8549 1028**  
Email: [rights@kag.org.uk](mailto:rights@kag.org.uk)

## Richmond Office

KAG Advocacy  
ETNA, 13 Rosslyn Road  
Twickenham  
Middlesex TW1 2AR  
Tel: **020 8744 9251**  
Email: [richmond@kag.org.uk](mailto:richmond@kag.org.uk)

## Surrey Office

KAG Advocacy  
Ramsay House  
West Park, Epsom  
Surrey KT19 8PB  
Tel: **01372 205 849**  
Email: [surrey@kag.org.uk](mailto:surrey@kag.org.uk)

Web: [www.kag.org.uk](http://www.kag.org.uk)

**KAG**  
ADVOCACY

*Become a*

**Citizen**  
**A**dvocate

Kingston Advocacy Group  
Reg. charity no: 298975

Kingston Advocacy Group  
Reg. charity no: 298975

Kingston Advocacy Group  
Reg. charity no: 298975

## What is a Citizen Advocate?

A Citizen Advocate is a volunteer who provides an individual with 'a voice' to make sure their views are made known, and respected and their rights protected. They might support someone with a mental health problem or a learning disability.

The amount of time commitment will vary with each partnership, anything from two hours per week to a couple of hours a month.

Availability of the volunteer will be taken into account when an introduction is made. Legitimate expenses are paid.

## How does Citizen Advocacy work?

A Citizen Advocate is introduced to an individual who requires support. The Advocate will be 'on the side' of the person they represent.

The Advocate will:

- » get to know the person
- » learn what their difficulties are
- » support them to make choices
- » help get their views across

The advocate may:

- » attend meetings
- » make telephone calls
- » write letters
- » help with paper work

## What training and support is available?

KAG Advocacy is committed to ensuring that advocates are adequately trained and supported.

We provide:

- » preparatory training sessions
- » ongoing individual support
- » regular group meetings/social meetings
- » additional 'one off' training opportunities

## What are the benefits for a volunteer?

- » making a difference
- » providing a service to your community
- » gaining experience in the field of health and social care

*To promote, protect and uphold the rights of vulnerable people*