

To find out more

Please complete the following

Name:

Address:

.....

.....

.....

.....

.....

.....

Tel:

email:

Return to your local Advocacy office /
address overleaf

How to find us

Kingston Office

KAG Advocacy
Siddeley House
50 Canbury Park Road
Kingston upon Thames
Surrey KT2 6LX
Tel: **020 8549 1028**
Email: rights@kag.org.uk

Richmond Office

KAG Advocacy
ETNA, 13 Rosslyn Road
Twickenham
Middlesex TW1 2AR
Tel: **020 8744 9251**
Email: richmond@kag.org.uk

Surrey Office

KAG Advocacy
Ramsay House
West Park, Epsom
Surrey KT19 8PB
Tel: **01883 383838 Ext: 5849**
Email: surrey@kag.org.uk

Web: www.kag.org.uk



Become a



What is a Citizen Advocate?

A Citizen Advocate is a volunteer who provides an individual with 'a voice' to make sure their views are made known, and respected and their rights protected. They might support someone with a mental health problem or a learning disability.

The amount of time commitment will vary with each partnership, anything from two hours per week to a couple of hours a month.

Availability of the volunteer will be taken into account when an introduction is made. Legitimate expenses are paid.

How does Citizen Advocacy work?

A Citizen Advocate is introduced to an individual who requires support. The Advocate will be 'on the side' of the person they represent.

The Advocate will:

- » get to know the person
- » learn what their difficulties are
- » support them to make choices
- » help get their views across

The advocate may:

- » attend an meetings
- » make telephone calls
- » write letters
- » help with papers work

What training and support is available?

KAG Advocacy is committed to ensuring that advocates are adequately trained and supported.

We provide:

- » preparatory training sessions
- » ongoing individual support
- » regular group meetings/social meetings
- » additional 'one off' training opportunities

What are the benefits for a volunteer?

- » making a difference
- » providing a service to your community
- » gaining experience in the field of health and social care

To promote, protect and uphold the rights of vulnerable people